



# TORTICOLLIS

WHEN THE HEAD BECOMES  
TILTED AND/OR TURNED  
TO ONE SIDE DUE TO TIGHT  
OR WEAK MUSCLES OR  
SPASMS IN THE NECK.

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[WWW.PHYSICALTHERAPY4KIDS.COM](http://WWW.PHYSICALTHERAPY4KIDS.COM)

**PHYSICAL  
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BEST RESULTS WITH  
BABIES REFERRED  
BETWEEN 4 WEEKS AND  
4 MONTHS OLD!

# PLAGIOCEPHALY

FLATTENING OF  
THE SKULL  
OCCURRING  
WHEN  
TORTICOLLIS  
GOES UNTREATED  
OR WHEN TOO  
MUCH TIME IS  
SPENT ON THE  
BACK

